



Hindolveston Newsletter

Contact Details

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We have recently walked along the paths at the Rec inspired by your piece in the newsletter about identifying wildflowers/grasses - plus the promise of a treat 🍷

We really enjoyed our walk around the pathways - very relaxing!
Here are our 10 finds

Great Willowherb
Feathertop Reed
Grass
Creeping Thistle
Hogweed
Curled Dock
Stinking Willie
Common Fleabane
Heal-All
Clover
Bird Vetch

Best wishes
Annette and Roy 😊
Monitor Barn

“Is anyone interested in pressing apples?”

I’ve only been in Hindolveston a year, but already I can see that everyone, including us, has more apples than they know what to do with. We’ve moved from Yorkshire where we had an apple orchard, and in glut years we had bushels of the things, possibly helped by our Wassailing. That involves singing, (Here We Come A-Wassailing and others), plus toast and libations, both for the trees and the wassailers.

I can heartily recommend it.

Some years ago I bought myself a manual apple press but it’s much too small. Now, looking at how many people seem to have so many apples, I wondered if anyone would be interested in a communal press. Perhaps there is one in a village hereabouts but if not, would anyone like to join me in researching some apple pressing kit? The press is the main item but the apples do need to be chopped up beforehand which I usually do with a food processor. An industrial one would be a much better idea though.

After that, you can either freeze the juice or pasteurise it, then drink it as is or turn it into cider. You don’t need special cider apples, eaters or cookers work, both with natural yeasts and commercial ones but I’m by no means an expert.

If anyone is interested in having a chat about using the apples do please let me know. Hopefully we can then have a meeting and see if the idea would work.

Cheers!

Liz Walker

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Thanks

Can the charity help you or anyone you know ?

If you have fallen on hard times and could do with some financial help please do not hesitate to contact the Trust. Just phone or approach any of the Trustees, listed below. We can provide one off grants for a wide range of purposes and to assist people of all ages within the Parish of Hindolveston. Your application will be treated with the utmost discretion .

Remember we are here to help .

Mary Walsh 01263 861664

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UK Government

Are you over State Pension age, or know someone who is?

Pension Credit tops up pension income and can help with day-to-day living costs.

If you are over State Pension age, you may be eligible to claim **Pension Credit**, even if you own your home or have savings. People who claim **Pension Credit** may also be able to get:

- help with heating costs
- help with rent and Council Tax
- a free TV licence for those aged 75 or over
- help with the cost of NHS services, such as NHS dental treatment, glasses and transport costs for hospital appointments



You could be eligible for **Pension Credit** if your weekly income is below £218.15 or, if you have a partner who lives with you, £332.95. Qualifying income level may be higher in some circumstances.

Don't miss out.



Check your eligibility at gov.uk/pension-credit or by calling 0800 99 1234

Village Hall 100 Club September
1st Prize No. 6 J Davison
2nd Prize No. 29 Ann Day

Well done to the Peart Family who organised a great evening with the Glamfastics.

**The overall total was an amazing £1,818
£350 to air ambulance from the raffle . £1458 to split between brain
tumour research and MIND**

The Hindolveston Trust needs one other person to be one of our trustees . . We meet two or three times a year for a meeting and as a group we are very supportive. If you feel you'd like to discuss the role please contact me mary@coopershouse.co.uk